### Concurrent 3C

**Date**  Monday, 1 May 2017  
**Chair**  Hay, Professor Phillipa  
**Room**  City Room 1

<table>
<thead>
<tr>
<th>Times</th>
<th>Title</th>
<th>Speaker/s</th>
<th>Biography</th>
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<tbody>
<tr>
<td>16:50:00</td>
<td>PTSD as An Independent Risk Factor for CHD: a Meta-Analysis</td>
<td>Dr Wole Akosile</td>
<td>Dr Akosile is an addiction specialist who completed his basic medical training in Ibadan, Nigeria in 2004 at the prestigious University of Ibadan both as an Agip oil scholar and a Nigerian Federal Government scholar. He subsequently completed his Masters in public health in 2009 at the University of Queensland School of population health with Dean’s commendation for high achievement. He is currently undertaking his Phd at the Queensland University of Technology and his thesis is on, “Molecular mechanisms and pathways in the development of cardiovascular disease in individuals with PTSD”. He is a fellow of the Royal Australian and New Zealand college of Psychiatrist, with an advanced certificate in addiction psychiatry. Dr Akosile is a member of the RANZCP faculty of addiction psychiatry, RANZCP accreditation committee and a member of the RANZCP sub-committee for advanced training in addiction psychiatry. His special interests are addiction research, dual diagnosis and Indigenous health. He is focused on relapse prevention therapy, recovery model of care, functional restoration and client re-integration into society. Dr Akosile is a recipient of the first prize of the late breakers abstract award at the 2014 APSAD conference and RANZCP Faculty of Addiction Prize.</td>
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<td>17:10:00</td>
<td>PTSD and Dissociation</td>
<td>Dr Eleanor Pilioussis</td>
<td>Dr Eleanor Pilioussis completed a Bachelor of Biomedicine at the University of Melbourne in 2011. She went on to pursue an Honours year at Melbourne Neuropsychiatry Centre, focusing on structural MRI brain features and emotion recognition in adolescents at ultra-high risk for psychosis. This year was a springboard for her interest in research and in psychiatry as a career path. She graduated from the Doctor of Medicine at Melbourne University in 2016, and during her final year she undertook research in the area of post-traumatic stress disorder and dissociation. She is currently completing her internship in Bendigo and is looking forward to starting psychiatry training.</td>
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<td>16:30:00</td>
<td>Dangers of Unrecognised Psychiatric Adverse Events from Psychotropic Drugs: First Person Account, Prof Jon Jureidini</td>
<td>Ms Rebekah Beddoe, Prof Jon Jureidini</td>
<td>Rebekah Beddoe is a professional writer whose memoir, Dying for a Cure, was published in 2007 (Random House Australia) to wide-spread acclaim. It chronicles her experience as a new mother, diagnosed with postnatal depression, treated with SSRI sertraline and the dramatic downward spiral and prescription of sleeping medications. Prof Jon Jureidini is a child psychiatrist who also trained in philosophy (PhD, Flinders University), critical appraisal (University of British Columbia) and psychotherapy (Tavistock Clinic). He heads Adelaide University’s Critical and Ethical Mental Health research group, which conducts research, teaching and advocacy in order to promote safer, more effective and more ethical research and practice in mental health.</td>
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Dangers of Unrecognised Psychiatric Adverse Events from Psychotropic Drugs: First Person Account, Review and Suggested Response

Rebekah Beddoe is a professional writer whose memoir, Dying for a Cure, was published in 2007 (Random House Australia) to wide-spread acclaim. It chronicles her experience as a new mother, diagnosed with postnatal depression, treated with SSRI sertraline and the dramatic downward spiral and prescription cascade that followed. Regaining full health once medication-free, Rebekah delved into researching SSRIs taking special interest in their ability to induce symptoms of the condition for which they might be prescribed. Rebekah continues to write and speak on the issue with hopes of reducing its incidence and creating better mental health treatment outcomes.*****

Jon Jureidini is a child psychiatrist who also trained in philosophy (PhD, Flinders University), critical appraisal (University of British Columbia) and psychotherapy (Tavistock Clinic). He heads Adelaide University’s Critical and Ethical Mental Health research group, which conducts research, teaching and advocacy in order to promote safer, more effective and more ethical research and practice in mental health.

Dr Nadim Naser is Associate Medical Director at Shire Australia, over the past 8 years, Dr Naser held similar positions in the Research and Development function within the pharmaceutical industry.

Dr Nadim Naser
An Overview of the Clinical Program of Lisdexamfetamine Dimesylate for Adults with Binge Eating Disorder

15:30:00 - 15:50:00

16:10:00 - 16:30:00

Professor Malcolm Hopwood
Professor David Castle
Clinical Audit: TAILOR - Target Antidepressant Initiation choice to unLock positive patient Outcomes and Response

Professor Malcolm Hopwood is the Ramsay Health Care Professor of Psychiatry, University of Melbourne; based at the Albert Road Clinic (ARC) in Melbourne, Australia. At the ARC he is the Director of the Professorial Psychiatry Unit, which specialises in the assessment and treatment of complex mood and anxiety disorders. His research areas of interest includes psychopharmacology and clinical aspects of mood and anxiety disorders. He has also led research into psychiatric aspects of ABI and other neuropsychiatric disorders. He has also held several senior positions within the Royal Australian and New Zealand College of Psychiatrists and in 2013 he was voted the President Elect of the College. Professor David Castle is Chair of Psychiatry at St Vincent’s Health and The University of Melbourne. He has wide clinical and research interests, encompassing schizophrenia and related disorders, bipolar disorder, cannabis abuse, OCD spectrum disorders and disorders of body image. He has published over 550 papers and chapters; and 22 books. David speaks regularly at local, national, and international scientific meetings about his research, and also teaches at undergraduate and postgraduate levels.

15:50:00 - 16:10:00

Dr Paul Denborough
Integrating Eating Disorders Treatment in a Public Mental Health Service

Dr Denborough has worked in the public mental health services for over 20 years with special interest in psychosis, anorexia nervosa and chronic fatigue syndrome.